

The African American Heritage Trail with Sheila Arnold

Grades

5

Video Length

40 minutes



Standards of Learning

History and Social Science Standards of Learning for Virginia Public Schools

- Virginia Studies: VS.5, VS.7, VS.8, VS.9

English Standards of Learning for Virginia Public Schools

- Communication and Multimodal Literacies: 5.1
- Writing: 5.7

Guiding Question

How did African Americans' lives differ throughout history?



Student/Parent Actions

1. Before the video, check for prior knowledge and ask your child what they know about the history of African Americans who lived in the Chesapeake and Lower Norfolk area.
2. Play *The African American Heritage Trail*.
3. After the video, ask your child to write a reflection about one of the stories shared during the program, answering the following questions in their response.
 - What stood out to you from this story?
 - What kind of decisions were the subjects faced with?
 - How do you think you would have handled the situation?
 - What did you learn from this story?

Materials

Computer, Phone or Tablet, Paper, Pencil

Vocabulary

Canal, Maroons, Great Dismal Swamp, The Revolutionary War, Battle of Great Bridge, William Flora, Ethiopian Regiment, Underground Railroad, The Civil War, Afro Union Soldiers, Buffalo Soldiers, Segregation, Cornland School

Extensions and Connections

- Ask your child to do further research on one of the stories that Ms. Sheila shared.
- Visit the Great Bridge Battlefield and Waterways Museum.
- Visit the Virginia War Museum.
- Visit the Great Dismal Swamp National Wildlife Refuge.

