**Spread Kindness (Not Germs)**

*Arts for Learning*

The Virginia Affiliate of Young Audiences

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**A SIMPLE TASK**

Artie learns it's simple things like washing hands and wearing a mask to show kindness and respect to others.

SEL: Responsible Decision Making, Social Awareness

**IMAGINATION CREATION**

Brandon explores his imagination.

SEL: Self-Awareness, Self-Management

**TIME MACHINE**

Artie wants to build a time machine to take back something he said.

SEL: Self-Awareness, Self-Management, Relationship Skills

**HANDLING DISAPPOINTMENT & FRUSTRATION**

Timmy Buffet helps Artie deal with his feelings and be present-minded.

SEL: Self-Management

**SELF-TALK**

Scruff learns the power of self-talk and how our words and thoughts shape our lives.

SEL: Self-Management, Self-Awareness, Relationship Skills

**FACING OUR FEARS**

Scruff and Artie confront their fears together.

SEL: Self-Awareness, Self-Management

**I AM AN INFLUENCER**

Suzy gets a new perspective on influencing others and self-awareness.

SEL: Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision Making

**SELF-MANAGEMENT**

Scruff deals with a stressful situation and considers the impact of his behavior.

SEL: Self-Management

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**WISH STONE**

Artie learns that wishing doesn’t make things happen. He has to make a plan and follow through.

SEL: Self-Management, Responsible Decision Making

**IT’S TIME TO EXPLORE**

Brandon finds a friend and collaborator in Suzy when he challenges preconceptions and learns to communicate.

SEL: Relationship Skills, Self-Awareness